A blend of traditional Chinese and American herbs to help cleanse the body and reduce bloating.*

**FEATURES AND BENEFITS**

- Aids in cleansing the digestive system
- Helps promote digestive regularity
- Contains herbs traditionally used to soothe and calm

**PRODUCT INFORMATION**

If you’re nagged by health problems like bloating, constipation, and low energy levels, you could be carrying several pounds of intestinal toxic matter that block the absorption of essential nutrients. This buildup of waste byproducts also causes discomfort and digestive irregularity.

Unicity Nature’s Tea addresses these concerns with a natural, gentle approach. A proprietary blend of herbs provides relief from periodic constipation, aids in cleansing the digestive tract, and may reduce bloating.

Senna leaf, buckthorn bark, and peppermint leaf have been used medicinally in teas for centuries. In Nature’s Tea, these herbs provide effective relief of constipation and contribute to overall digestive cleansing.

**SUGGESTED USE**

Steep one tea bag for 2-5 minutes. Drink after your evening meal. Enjoy hot or cold.

Increase steeping time gradually with periodic use to achieve desired results.

*Suggested use is not intended to diagnose, treat, cure, or prevent any disease.

**INGREDIENTS**

- **Senna leaf:** A shrub grown in India, Pakistan, and China. The leaves and pods are used to support a gentle cleansing in the colon.
- **Frangula:** Another name for buckthorn bark, which is native to Central Asia, Europe, and North America. The fresh bark and branches are dried and used for various health benefits, specifically targeting the gastrointestinal tract.
- **Peppermint:** An extract derived from the dried leaves of the plant Mentha piperita, often grown in Europe and the United States. Peppermint is a popular tea for well-being and has many natural flavonoids.
- **Uva ursi:** The plant is found in cold, northern climates. The leaf is used to support healthy urinary tract and digestive function.

**Additional Ingredients:** Orange, Marshmallow, and Japanese honeysuckle.

**SCIENCE**

The colon, or large intestine, is the terminal portion of the gastrointestinal (GI) tract. The colon receives the thoroughly mixed anddigested remains of food from the upper portions of the GI tract.

Remaining nutrients, primarily in the form of indigestible fiber, are acted upon by intestinal bacteria. These bacteria produce various vitamins, such as vitamin K and biotin, which are absorbed into the blood.

Not only are the intestines important for the absorption of food and vitamins, they also absorb significant amounts of water.
and electrolytes from the digested food before it is eliminated.

Two important factors to colon health are: 1) the health and viability of intestinal bacteria and 2) constant motility to move the contents along the colon.

Dietary fiber helps stimulate bacterial fermentation as well as motility. Lack of motility in the colon slows the transit time of digested materials. This leads to an increase in the amount of water reabsorbed and can lead to constipation.

REFERENCES


*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.